

*California Community Colleges Curriculum Alignment Project – CAP Transitional Kindergarten
Course Outline*

Title: CA Preschool Foundations & Frameworks: Health

Short Title: CA FOUN/FRAM HEALTH

Course Description

Introduction to the health domain of the California Preschool Learning Foundations and Frameworks including strands of health habits, safety, and nutrition. Provides practical strategies for implementing the curriculum frameworks.

Applicable to required or professional development units for Child Development Permit holders, as well as pre-school, transitional kindergarten, and early-primary teachers.

Student Learning Outcomes

Upon successful completion of this class, students will be able to:

1. Explain the roles of the California Preschool Learning Foundations and Frameworks in the education of young children and their relationship to the Desired Results Developmental (DRDP), California Common Core State Standards for kindergarten and Content Standards for California Public Schools (kindergarten).
2. Plan environments and experiences related to the development of healthy habits, personal safety, and nutrition, based on the observation of children in classroom settings.
3. Articulate the teacher’s role in collaboration with families to support the development of healthy habits in young children.

Objectives

In this class, students will:

1. Define the roles of the California Preschool Learning Foundations and Frameworks: Health in the education of young children and their relationship to the Desired Results Developmental Profile (DRDP), and Content Standards for California Public Schools (kindergarten).
2. Use knowledge of the health strands to select materials and plan classroom experiences based on observations of children.
3. Describe the teacher’s role in children’s safety during school hours.
4. Discuss the ways teachers collaborate with parents and other caregivers to support children’s healthy habits.

Content

- I. Introduction to the California Preschool Learning Foundations: Health
 - A. Purpose and use
 - B. Relationship to Desired Results Developmental Profile (DRDP) and the Content Standards for California Public Schools (kindergarten)
- II. Health strands
 - A. Health habits

- B. Safety
- C. Nutrition

III. Implementation of the Foundations and Frameworks

- A. Planning based on observation of children’s interests, skills and abilities
- B. Use of daily experiences and routines as a vehicle to promote children’s understanding of good health
- C. Objects and materials to promote healthy habits
- D. Objects and materials that are relevant and meaningful
- E. Integration of health related routines into all areas of the curriculum

IV. Supporting English language learners in developing healthy habits as they concurrently acquire English

V. Partnership with parents and other caregivers in supporting children’s good health

METHODS OF EVALUATION

Assignments	Method of Evaluation
Written assignments	Students will be evaluated on their ability to promote healthy habits in young children through written curriculum plans.
Problem solving demonstrations	Students will be evaluated on the ability to select appropriate health topics and materials based on their observations of individual children.
Skill demonstrations	Students will be evaluated on their descriptions of how health routines can be integrated across all areas of the curriculum.
Examinations	Students will be evaluated on their knowledge of the health strands through multiple choice and/or essay exams as well as through their performance on course assignments.